



District 48

Monthly Newsletter

October 2019

Greater Williamsport Area Alcoholics Anonymous **OUR THREE LEGACIES**

Step 10 – “Continued to take personal inventory and when we were wrong promptly admitted it.”

Tradition 10 – “Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy. “

Concept 10 – “Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.”

Welcome to the 2019 District 48 Newsletter!

Where can you find the newsletter?

- district48aa.org - Newsletter
- Ask your home group General Service Representative (GSR)
- Many homegroups keep a copy of the newsletter – just ask!

How can you contribute? Celebrating your anniversary? Is your homegroup having an event? Is there an upcoming AA workshop or event you want to share? Have a story, photo or something inspirational? Simply email newsletter@district48aa.org

ANNIVERSARIES:



WE ALL HAVE TODAY

Would you like your anniversary listed in the newsletter?

Email: newsletter@district48aa.org

AA Joke of the Day!!

How many alcoholics does it take to change a light bulb?
Just one, he holds the bulb up and the whole world revolves around him!

COMMITTEES IN NEED OF HELP

Men’s Correctional Facilities

MEETINGS IN NEED OF SUPPORT

Rewards of Sobriety

Saturday, 7PM – Penn College
Especially Need Old-Timers
Bush Campus Center, Rm. 164
1 College Ave, Williamsport

11th Step Meditation Group

Monday, 6:30PM – Liberty Church,
102 E. 3rd St.

Veterans & Friends in Recovery

Tuesday – 7PM
Lutheran Church of the Redeemer
1101 Washington Blvd.

Promises of Sobriety

Monday – 7PM
Trinity Episcopal Church
844 West 4th Street

2019 UPCOMING EVENTS:

25th Annual Alkathon

Saturday, October 19th Noon to 8PM
New Covenant Church of Christ
202 East 3rd Street
Williamsport
(Academy Street Door)
Registration Forms & Flyers @
www.district48aa.org

Eastern PA General Service Assembly (EPGSA)

62nd Annual Convention and Assembly
November 1-3, 2019
Wyndham Lancaster Resort & Convention
Center
2300 Lincoln Hwy E., Lancaster, PA

**Alcoholics
Anonymous** Visit us at www.aa.org



This month's Special Section is on Accessibilities, wheelchairs, have sight issues or hearing loss, etc., members who have done service in this area.

TRADITIONS CHECKLIST

Tradition Ten: Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

- ✓ Do I ever give the impression that there really is an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state gov't? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
- ✓ Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?
- ✓ What in AA history gave rise to our Tenth Tradition?
- ✓ Have I had a similar experience in my own AA life?
- ✓ What would AA be without this Tradition? Where would I be?
- ✓ Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious ways?

WHY A.A. MEMBERS CARRY THE MESSAGE INTO TREATMENT FACILITIES AND OUTPATIENT SETTINGS

Since its beginning in 1935, the Fellowship of Alcoholics Anonymous has cooperated with treatment facilities. Bill W. himself was a product of a treatment facility - Towns Hospital in New York City. After he had finally put together several months of sobriety, Bill returned to Towns to try to work with other alcoholics. This was the beginning of A.A.'s Twelfth Step work in hospitals.

After he sobered up, Dr. Bob, a surgeon, realized the need for an alcoholism ward at St. Thomas Hospital in Akron, OH, where he worked. With the loving assistance and dedication of Sister Ignatia, Dr. Bob established a ward for alcoholics; together, they reached over 5,000 alcoholics.

The principle of carrying the A.A. message to other alcoholics was fundamental to the recovery and continued sobriety of A.A.'s co-founders and early A.A. members. Today, through the practice of this principle - the Twelfth Step - A.A. has grown and the A.A. message has been carried around the world. A.A.'s who carry the message into treatment facilities and outpatient settings continue to follow the path for sobriety laid out by A.A.'s co-founders. These A.A.'s help alcoholics in treatment recover through the A.A. program and find happy, useful, sober lives.

In the past two decades, some areas of the U.S. and Canada have experienced considerable changes regarding treatment services provided, by whom, and in which settings. In response to a 2005 questionnaire, some of these committee members say that they are finding more women and young people in treatment, more clients with drug problems and mental illness, and higher bottoms.

Some committees have noticed that the number of inpatient facilities has decreased and the number of outpatient facilities have increased. Other committees mention shorter stays in treatment, reduced insurance coverage, and more Narcotics Anonymous (and other fellowship) meetings. Still other committees have found that more alcoholics are seeking treatment in individual or group therapy. Some committee members have told G.S.O. that they are encountering less understanding of the difference between treatment and A.A. and of the difference between A.A. and other Twelve-Step fellowships.

