

DISTRICT 48 NEWSLETTER

JUNE 2014

Dedicated in Loving Memory to Jenn R., 38 Years Old

UNITY –Our Most Cherished Quality

Unity is the state of many acting as one. It is an attribute of highly effective teams. Without it, progress stops.

Love and tolerance are guiding principles toward unity in A.A. Unity *may not be* harmony and not everyone is going to agree with the group conscious however unity means that when the group conscience makes a decision, I embrace that de-

cision. I don't get to participate in retaliation and argument. To do so would mean that I know better than the group conscious, which is God consciousness. Do I really know better than God?

The Declaration of Unity

To this we owe to A.A.'s future; to place our common welfare first. To keep our fellowship united. For On

A.A. unity depends our lives and the lives of those to come.

Tradition One-Our common welfare should come first; personal recovery depends upon A.A. unity.

Upcoming Events

LEWISBURG

14th Annual Day By Day Group Picnic

ST MARY'S PARK

SATURDAY JUNE

14th

Contact AA

Online:

www.district48.org
www.aa.org
www.area59aa.org
www.aagrapevine.org

By Phone:

Local: 570-327-2860

By Mail:

G.S.O.
PO Box 459
Grand Central Station
New York, NY 10163

For strength and hope for friends and families of problem drinkers:

Al-Anon Online:

www.al-anon.alateen.org

To listen to AA speakers

(download for free)
www.aaspeakers.org

Inside this issue:

Anniversaries	2
A Poem by Kiya	2
Upcoming Events	3

What is 'Robert's Rules of Order'?

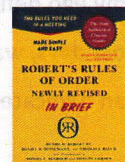
In short, it is a book that provides common rules and procedures for deliberation and debate in order to place the whole membership on the same footing and speaking the same language. The conduct of ALL business is controlled by the general will of the whole membership - the right of the deliberate majority to decide. Complementary is the right of at least a strong minority to require the majority to be deliberate - to act according to its considered

judgment AFTER a full and fair "working through" of the issues involved. Robert's Rules provides for constructive and democratic meetings, to help, not hinder, the business of the assembly. Under no circumstances should "undue strictness" be allowed to intimidate members or limit full participation.

Although this is not "A.A. approved literature" and is not endorsed by the District, Area, or A.A., it is a commonly ac-

cepted method of keeping chaos and confusion at bay during meetings.

"Robert's Rules of Order, Newly Revised, In Brief" is available at our local bookstore for \$7.50. The back of the book has five tables that summarize the book for easy reference during business meetings.



ANNIVERSARIES Celebrate! You are a Miracle!

Charlie C. 5/8/2014	2 yrs!	Claire 6/13/14	3 Years!	Darwin 6/1/14	12 Years!
Sandy 5/18/14	23 yrs!	Brian P. 6/17/14	3 Years!	Gail R. 6/5/14	23 Years!
Rick B. 5/16/14	60 Days!	Michelle M. 6/17/14	4 Years!	Kelli M. 6/10/14	8 Years!
Rhianna 5/26/14	11 Yrs!	Elicia 5/3/14	1 Year!	Tim 5/20/14	9 Months!
Jake 5/26/14	90 Days!	Russ 5/3/14	15 Years!	Tabatha 5/23/14	14 Months!

A BEGINNING FROM AN END—A Poem by Kiya K.

My life has changed in so many different ways
 I couldn't imagine trying to picture it like it is now
 Only by God's grace, a sponsor and the twelve steps
 For the first time, I can truly say I am proud
 I fought this program long and hard for many years
 My contempt kept me running away from the rooms
 I wanted more for myself but would not surrender
 An alcoholic minus willingness always equals doom
 I had been to rehabs, jails and welcomed death
 I prayed every night that God would take me in my sleep
 This rapacious creditor sucked out every inch of my life
 The same factor always being the drunk version of me
 Eighteen months ago, I experienced my lowest bottom
 All of my "yets" somehow turned into my "nows"
 I was broken, beaten and all alone in a cell
 I knew I had to get sober and all I wondered was how?
 From that desperate place came my complete surrender
 And willingness so strong, I'd do whatever it took
 Some call them suggestions, for my they were directions
 Like a sponge, I had to absorb every drop of this book
 I got a sponsor, who was hard but something told me I need-
 ed
 Most importantly, I really wanted what she had
 I also got my ego deflated on numerous occasions
 And on most days, was pretty sure she had gone mad
 This woman dedicated her time and took me through the
 steps
 I started to become accountable to someone other than my-
 self

I started to find my Higher Power and began to see my part
 When I was sure to be judged, she in fact related herself
 I started to trust her and had so much respect for this woman
 She helped me understand the malady of my disease
 She also helped me realize that I now had a message
 And when spiritually fit, I'm the best version of me
 I was so uncomfortable and hated the word action
 But I wanted to stay sober, so I could not quit
 I hit meetings and had to give it away to keep it
 I learned a bunch of drunks over food is called fellowship
 Through calling other drunks, I started to get to know people
 Today, I have people in my life that are true friends
 I was hopeless and believed my life was over
 But in reality, a new beginning came from that end
 I've learned how to live again only through sobriety
 And what I don't know, I can always ask for help
 I've had joy and laughter that comes from deep within
 I've also experienced how real pain and sadness has felt
 I've made mistakes and have also made great decisions
 I've taken action on becoming the real version of me
 I've learned how to love and trust in other people again
 Continuously working towards being the best I can be
 I can say that I'm happy and not because of material things
 I'm happy for the peace that's been restored in my mind
 I am content with life today and as long as I stay sober
 I know that all the rest will be revealed in time.

Kiya K. celebrates November 10, 2012 and her home group is the 10 AM Meeting.