

Quital Newsletter Newsletter Newsletter



What Do You Like About Your Home Group?

"My home group is the Williamsport Group and what I love is that we are a family. We have learned from each other, we grow together, laugh with each other, we argue and still love one another in spite of our differences."

Chris M., celebrates June 6, 1994, serves as DCM and is the Program Chair for the PA State Convention.

"I like my home group because I'm comfortable sharing there. If I'm not going to make it, I let my home-group members know so If I don't show up, they'll know something's up, because I show up 'Up the Creek' every Saturday night."

Janine B., celebrates October 11, 2008, serves as GSR and her home group is Up The Creek Group.

"I love my home group, we have greeters and three-month commitments, Big Book and Twelve and Twelve, too."

Lariane M., celebrates May 29, 2005, her home group is A Common Solution.

"I love my home group because it strongly carries the message of AA and feels more like a mini fellowship, not just a bunch of people that randomly picked a group just so they could say they had one."

Lindsey E., celebrates November 13, 2012, her home group is The Fresh Start Group-Havertown, PA

"I just love my home group, years and years of sobriety and it's a topic meeting and I love and need the structure. The love I feel when I walk in is just immeasurable." Elizabeth D., celebrates August 1, 2013, and her home group is the Friday Night Big Book.

"The 12:05 was called the Looney Nooney but we have built the 12:05 into the best home group in the district. God has taken this group to a higher level of strong recovery."

David T. celebrates January 1, 2000, his home group is the Lunch Hour Group.

"What I love about my home group! I love the flow of newcomers we get since we are a young people's meeting. Keeps it green. That's for me and Donnie."

Rhianna S., celebrates May 26, 2003, and Donnie S., celebrates February 19, 2003, and serves as treasurer for their home group Off The Hook Young People.

"My home group reads the Big Book with me because I am too lazy to do it myself. The members share their own viewpoints and perceptions with me, thereby expanding my own self-centered frame of reference. The group was there for me when I came in 1996, when I came back from relapse in 2006, and will be there for others, with God's help, long after I have escaped the bonds of earthly life."

David B., celebrates March 1, 2006, services as GSR for his home group, Friday Night Big Book.

Contact AA

Online:

www.district48.org www.aa.org www.area59aa.org www.aagrapevine.org

By Phone:

Local: 570-327-2860

By Mail:

G.S.O.
PO Box 459
Grand Central Station
New York, NY 10163

For strength and hope for friends and families of problem drinkers:

Al-Anon Online:

www.al-anon.alateen.org

To listen to AA speakers (download for free) www.aaspeakers.org

COMING SOON!

and

PIGNIC for DISTRICT 48

NUGUST 9. 2014 I INM-3PM

SOUTH SIDE POOL COMPLEX

LIONS PRYILLION



Marilyn P. 5.29.14	31 years	Ben C. 5.31.14	20 yrs
Marianne 5.26.14	2 yrs	Bill G. 4.1.14	8 yrs
Gladys 3.28.14	6 yrs	Charlie 5.13.14	6 months
Monica 5.1.14	13 yrs	Laraine M. 5.29.14	9 yrs 2 yrs 20 yrs 9 yrs
Holly 4.25.14	3 yrs	David H. 3.1.2014	
Tia 4.26.14	2 yrs	Carol H. 4.26.14 Meredith 5.1.14	
Stan L. 3.14.14	3 yrs		
Lisa M. 4.9.14	3 yrs	Jan 5.25.2014	10 months



Step 1	Н.	Faith	It seems to be a spiritual truth, that before a higher power can begin to operate, you must first believe that it can.
Step 2	C.	Acceptance	Accepting character defects exactly as they are and becoming entirely willing to let them go.
Step 3	K.	Amendment	Making direct restitution, correction, etc.
Step 4	G.	Integrity	Probably the most difficult of all the steps to face, also the one that provides the greatest opportunity for growth.
Step 5 Step 6	Α.	Willingness	Making a list of those harmed before recovery may sound simple. Becoming willing to actually make those amends is the difficult part.
Step 7	В.	Honesty	After many years of denial, recovery can be begin with one simple admission of being powerless over alcohol—for alcoholics and their friends and family.
Step 8	D.	Surrender	A lifetime of self-will run riot can come to a halt, and change forever, by making a simple decision to turn it all over to a H.P.
Step 9	I.	Soul Search- ing	The saying in the program is that recovery is a process, not an event. The same can be said for this step—more will surely be revealed.
Step 11	L.	Vigilance	Exercising self-discovery, honesty, abandonment, humility, reflection and amendment on a momentary, daily, and periodic basis.
Step 12 No Peaking! To check your answers, turn the page upside down:	F.	Humility	The focus of this step is humility, asking H.P. to do something that cannot be done by self-will or mere determination.
E. Service	E.	Service	Practicing the program of recovery, is simply "how it works".
K. Amendment L. Vigilance J. Attunement), J.	Attunement	Becoming as one with your H.P.

A. Willingness F. Humility C. Acceptance G. Integrity

I. Soul Searching D.Surrender H. Faith Flyer Available

DISTRICT 48 WORKSHOP JULY 26TH 10AM-2PM

"Is the Dollar Still Enough? Where 7th Tradition & Spirituality Mix"